

Curriculum Vitae

Lisa A. Anders

1007 Walker Avenue, 265 Nursing and Instructional Bldg., Greensboro NC 27412
Laanders2@uncg.edu

| Education

Ph.D. Nursing | Marquette University
May 2021 | Milwaukee, WI
B.S. Nursing | University of Wisconsin-Madison
May 2009 | Madison, WI

| Professional Experience

Assistant Professor | UNC Greensboro
Aug 2021–Present | Greensboro, NC
Research Assistant | Marquette University
Aug 2017-May 2018, Aug 2020-May 2021 | Milwaukee, WI
Lactation Consultant | Aurora Healthcare
April 2018-June 2020 | Oshkosh, WI
Registered Nurse | ThedaCare
Aug 2015-Aug 2017 | Neenah, WI
Registered Nurse | Aurora Healthcare
Aug 2009-June 2015 | Milwaukee, WI

| Academic Publications

PUBLISHED ARTICLES (PEER-REVIEWED)

1. Ohlendorf, J.M., & **Anders, L.** (2022). Running as a way fat women re-story their bodies and construct a runner identity in a North American sociocultural context. *Psychology of Sport and Exercise*, 63(2022), 1-9. <https://doi.org/10.1016/j.psychsport.2022.102278>
2. **Anders, L.**, Robinson, K., Ohlendorf, J., Hanson, L. (2022). Unseen, unheard: A qualitative analysis of women experiences of exclusively expressing breast milk. *BMC Pregnancy and Childbirth*, 22(58), 1-12. <https://doi.org/10.1186/s12884-022-04388-6>
3. Ohlendorf, J. M., & **Anders, L.** (2022). Coaching for childbearing health: A theory synthesis. *Advances in Nursing Science*, 45(3), 240-255.
<https://doi.org/10.1097/ANS.0000000000000401>
4. **Anders, L.**, Robinson, K., Ohlendorf, J., & Hanson, L. (2022). Comparing direct and expressed breast milk feeding. *The American Journal of Maternal Child Nursing*, (Accepted for publication September 12, 2022)

MANUSCRIPTS SUBMITTED OR IN PREPARATION

1. **Anders, L.** A qualitative investigation of the breastmilk expression knowledge, information needs and attitudes of lactation consultants and registered nurses. [Data analysis and Manuscripts in progress]

2. **Anders, L.** Evidence and recommendations regarding breast pump breastshield/flange fit: A scoping review. [Manuscript in progress]

| Academic Presentations

INVITED TALKS

1. Anders, L. (2021, September 17). *Exclusive pumping: Learning from parent experiences to improve care* [Presentation]. Wisconsin Association of Lactation Consultants Quarterly Meeting, Virtual.

POSTERS & ABSTRACTS (Peer Reviewed)

1. Anders, L., & Yasin R. (2022, September 21-24). *Human milk expression knowledge, information needs and attitudes of lactation consultants* [poster presentation]. New Horizons in Clinical Lactation: United States Lactation Consultant Association 2022 Conference, Norfolk VA.
2. Anders, L. (2021, March 24-27). *Experiences of exclusive breast milk expression*. Midwest Nursing Research Society Student Poster Competition, Virtual.
3. Ohlendorf, J., & Anders, L. (2021, March 24-27). *What women's goals reveal about self-regulation and health promotion through the pregnancy transition* [paper presentation]. Midwest Nursing Research Society Paper Presentation, Virtual.
4. Anders, L., & Robinson, K. (2020, Cancelled due to Covid-19). *Mothers' perceptions of breast milk feeding: A pilot study* [poster presentation]. Wisconsin Association for Perinatal Care, Elkhart Lake, WI.
5. Anders, L. (2019, May 7). *Breast milk expression for term infants: A critical review of the literature* [poster presentation]. Marquette University College of Nursing Doctoral Student Celebration, Milwaukee WI.
6. Anders, L. (2018, May 8). *Examining the decision-making processes of women who exclusively express breast milk* [poster presentation]. Marquette University College of Nursing Doctoral Student Celebration, Milwaukee WI.

| Grant Applications and Funding

Grants (Funded)

Wisconsin Association of Lactation Consultants Project Grant | Experiences of Mothers Who Exclusively Express Breast Milk. Award: \$800. Role: PI. 2020-2021.

Grants (Submitted)

University of North Carolina Internal Research Award | Flange Fitting to Optimize Breast Milk Removal and Comfort for Pumping Parents: A Pilot Study. Amount requested: \$5,000 Role: PI. Submitted October 3rd, 2021

Grants (Not Funded)

University of North Carolina New Faculty Research Award | A Qualitative Investigation of the Breastmilk Expression Educational and Support Needs of the Piedmont-Triangle Area Community of North Carolina. Amount requested: \$4,950 Role: PI. Submitted October 2021

Medical College of Wisconsin Clinical and Translational Science Institute: TL1 Institutional Pre-doctoral Training Grant | Experiences of African American Mothers Who Express Breast Milk. Amount requested: \$39,768 Role: PI. Submitted April 2020

| Student Mentorship

Undergraduate Student Mentorship | UNCG

Emory Hedrick, Student Honors Project: *Incorporating Trauma-Informed Care Education into A Training Program for Nursing Student Volunteers in a NICU Setting* (2022-2023), School of Nursing, University of North Carolina at Greensboro, Greensboro, North Carolina.

| Service

University | UNCG

School of Nursing Faculty Matters Committee Member (2022-present)

Professional

Reviewer:

The Journal of Obstetric, Gynecologic, and Neonatal Nursing (2022-present)
Nursing for Women's Health (2022-present)

Triangle Breastfeeding Alliance, Treasurer (Nov 2022-present)

Community

YWCA of Greensboro Healthy Moms Healthy Babies Program, Breastfeeding Educational Event Guest Speaker (2022)

Laurel Park Elementary School PTA, Spirit Night Coordinator (2022-present)

| Professional Memberships

International Lactation Consultant Association (2017-present)

United States Lactation Consultant Association (2018-present)

Triangle Breastfeeding Alliance (2021-present)

North Carolina Lactation Consultant Association (2021-present)

| Awards & Honors

Graduate Assistance in Areas of National Need (GAANN) | Awarded Grant Fellowship 2018-2020