

Autumn N. Henson, DNP, APRN, GNP-BC, WCC
Clemmons, NC 27012
anhenson@uncg.edu

Comprehensive experience in adult and geriatric healthcare for over 15 years as a nurse practitioner, with a focus in long-term care, wound care, and end of life care. Currently working as a clinical assistant professor and concentration coordinator for the adult-gerontology primary care nurse practitioner program. I continue to practice and provide exemplary primary care and wound care for residents in long-term care facilities. I am recognized as an adult and geriatric wound care consultant, educator, speaker, and expert witness reviewer. Proven track record for education in higher education, facilities with all staff, residents and loved ones.

Education

University of North Carolina at Greensboro School of Nursing <i>Doctorate of Nursing Practice</i>	Greensboro, NC 05/18
--	-------------------------

Doctoral Project: A Retrospective Comparative Analysis of Two Treatment Options of Deep Tissue Pressure Injuries to Feet and Lower Legs

Duke University School of Nursing <i>Master of Science in Nursing: Gerontological Nurse Practitioner</i> <i>Post-graduate Masters: Family Nurse Practitioner</i> 12/05 Received "Nurse Scholars" Academic Scholarship Sigma Theta Tau	Durham, NC 08/05
---	---------------------

Winston Salem State University <i>Bachelor of Science in Nursing</i>	Winston Salem, NC 05/03
---	----------------------------

Western Piedmont Community College <i>Associate of Applied Science in Nursing</i> Received "Nurses Scholars" Academic Scholarship	Morganton, NC 05/99
---	------------------------

Western Piedmont Community College <i>Associate of Arts</i> Phi Theta Kappa	Morganton, NC 05/97
---	------------------------

Experience

University of North Carolina at Greensboro <i>Post-BSN AGPCNP Concentration Coordinator</i> <i>Clinical Assistant Professor</i>	Greensboro, NC <i>August 1, 2020 - present</i>
---	---

Adult-Gerontological Primary Care Nurse Practitioner concentration coordinator and clinical assistant professor working as the team lead and with the team of nurse practitioners in academia to enhance the didactic and clinical curriculum of the concentration. This concentration graduates top-level adult-gerontological primary care nurse practitioners. In addition, I am working and teaching different classes related to the AGPCNP concentration, educating and supporting students as they proceed to graduation.

University of North Carolina at Greensboro

Winston Salem, NC

Preceptor

2010 – present

Providing primary in facility setting instruction and guidance to nurse practitioner students of UNCG. As a role model to the students I provide clinical teaching and supervision for students to see patients and gain experience in clinical practice.

Physicians Eldercare

Winston Salem, NC

Geriatric Nurse Practitioner

2005-present

Wound Care Certified Consultant

Providing extensive primary care and diagnosing and treating for the residents of long-term care facilities, assisted living facilities, continuing care retirement communities, and independent living communities. In addition, providing facility wound care, diagnosing, and treatment for the residents in the above facilities. Wound care consultant and educator of wound care to fellow employees and staff of long-term care facilities. Developed wound care policies and recommendations of Physicians Eldercare for employees and facilities. Administrator of triage calls system for the practice to provide 24/7 support. Mentor to fellow colleagues during orientation. Primary investigator of research studies concerning deep tissue pressure injuries in long-term care, October 2016 – present.

Century Care of Gastonia

Gastonia, NC

Registered Nurse – BSN

09/05 – 12/05

Performed duties as a supervisor for Baylor weekend shift as well as floated between being medication and treatment nurse. This included providing care and supervision of each patient and staff member of the facility.

Carolina Care Center

Cherryville, NC

Registered Nurse – BSN

12/05 – 09/05

Worked as a medication, treatment, and occasional charge nurse who provided care and support for every patient of the Nursing Home.

Gaston Memorial Hospital

Gastonia, NC

Registered Nurse - BSN

07/01 – 12/04

Worked as a peri-operative nurse, (circulating and scrubbing) in a 12 operating room hospital. Specialized in orthopedics and neurology with spine surgery while developing knowledge in all areas. I trained in assisting with Electroconvulsive therapy. Ascended the Clinical Ladder through Gaston Memorial Hospital from Level I to Level II.

Broughton Hospital

Morganton, NC

Registered Nurse

09/99 - 05/01

Worked as a float nurse for nine months among seven wards of the Geropsychiatry Division. Then promoted to Level B Nurse and worked for over one year as a head nurse of a Geropsychiatry admissions ward. Responsibilities included monitoring, supervising patients, and a staff of CNAs and LPNs and encouraging rehabilitation mentally and physically with medication and treatment. Assisted as a float nurse in the youth, medical-surgical and the rehabilitation divisions of the hospital.

Broughton Hospital

Morganton, NC

Certified Nurse Assistant

08/98 - 09/99

Managed care and maintained a therapeutic and safe environment in the adult admissions division and medical-surgical division.

Professional Information

Certified Gerontological Nurse Practitioner – ANCC

Certification No.: 2005010377

Start: December 2005

Expiration: October 31, 2025

Gerontological Nurse Practitioner of NCBON

Approval # 5001445

Start: December 2005

Expiration: September 30, 2022

Licensed Registered Nurse - North Carolina

Certificate No.: 164929

Start: June 1999

Expiration: September 30, 2022

BLS Provider

Expiration: May, 2023

Wound Care Certified Consultant

National Alliance of Wound Care

Start: February 2011

Expiration: February, 2026

Publications

Henson, A. & Kennedy-Malone, L. A Quality Improvement Project Comparing Two Treatment Options of Deep Tissue Pressure Injuries to Feet and Lower Legs in Long-Term Care Residents. *Advances in Skin & Wound Care Journal*.

Presentations

Educational presentations

University of North Carolina at Greensboro

March 14, 2019

Guest Lecturer: Neurocognitive disorders in Older Adults

Presented guest lectures reviewing common neurocognitive disorders in the older adult population including different diagnoses of dementia, TIAs and CVAs, Parkinson disease and essential tremors.

University of North Carolina at Greensboro

Jan 16, 2020

Guest Lecturer: Geriatric Demographics, Continuum of Care, and Comprehensive Geriatric Assessments

Presented guest lectures on the introduction of the geriatric class with demographics of older adults, review of the continuum of care and concerns of the housing situations of older adults with the risk factors related to hospitalizations, and the differences of the comprehensive geriatric assessment related each individual patient and based on functional age.

University of North Carolina at Greensboro

Oct 23, 2020

Guest Lecturer: Wound and Skin Care

Presented guest lecture to Health and Illness of Older Adults Undergraduate Course reviewing common skin care issues of the older adult with review of nursing care and management and examples and breakout rooms. (Peer evaluation is available)

University of North Carolina at Greensboro

Sept 22, 2020

Guest Lecturer: Review of management and treatment of common skin wounds

Presented guest lecture to Advance Procedures in Primary Care course to DNP/AGPCNP students reviewing common and chronic conditions seen in primary care with reviewing from cleaning to dressings/treatment for the wounds including debridement and compression wraps.

Bern University of Applied Sciences – Online

July 7, 2021

Guest Lecturer: Transitioning from Nurse to Nurse Practitioner

Assisted Dr. Cheryl Wicker in reviewing with students in the Swiss NP program of steps and information to transition from a nurse to nurse practitioner.

Professional presentations

Healthpoint / Smith & Nephew Biotherapeutics

Winston Salem, NC

Product Speaker

01/13 – 12/15

Speaker presenting Collagenase Santyl with providing education and beneficial information for providers and healthcare staff that perform wound care treatment.

Wild on Wounds 2017

Wound Care Education Institute Conference

Las Vegas, NV

Sept 2017

Poster Presenter: Positive Outcomes Managing Deep Tissue Pressure Injuries (DTPIs) with Polymeric Membrane Dressings.

Presenting the clinical outcomes of a small study comparing two different treatment options with one new treatment for management of deep tissue pressure injuries.

GAPNA 2018 Annual Conference

Gerontological Advanced Practice Nurses Association

Washington, DC

Sept 26-29, 2018

Podium Presenter: A Retrospective Comparative Analysis of Two Treatment Options of Deep Tissue Pressure Injuries of Feet and Lower Legs.

Review of the results of a retrospective quality improvement project comparing the clinical outcomes utilizing two different treatment options for deep tissue pressure injuries (DTPIs) with the risk factors that determine the evolution of DTPIs.

Annual Triad GAPNA Fall Conference

North Carolina Triad Gerontological Advanced Practice Nurses Association

Greensboro NC

Nov 3, 2018

Podium Presenter: A Retrospective Comparative Analysis of Two Treatment Options of Deep Tissue Pressure Injuries of Feet and Lower Legs.

Presented the retrospective clinical outcomes comparing two different treatment options for the treatment of deep tissue pressure injuries of feet and lower legs.

National Pressure Ulcer Advisory Panel 2019 Annual Conference

National Pressure Ulcer Advisory Panel

St Louis MO

Feb 28 – March 2, 2019

Poster Presenter: Improving Deep Tissue Pressure Injury (DTPI) outcomes: a 2.5 year-long Quality Improvement Project

Presenting to the attendees of the conference the project reviewing another type of dressing with researched positive results for deep tissue pressure injuries.

American Medical Directors Association Annual Conference 2019

American Medical Directors Association

Atlanta GA

March 6- 9 2019

Poster presenter: Improving Deep Tissue Pressure Injury (DTPI) outcomes: a 2.5 year-long Quality Improvement Project

Presenting to the attendees of the conference my project reviewing a difference in treatment options for deep tissue pressure injuries and benefits of the dressing.

Symposium of Advanced Wound Care Spring 2019

HMP Wound Care

San Antonio, TX

May 10, 2019

Speaker: Providing Drug-Free Inflammation Control to Improve Patient Outcomes

Part of a group of speakers reviewing the benefits and goals of care with the use of a polymeric membrane dressing for all types of wounds. Presenting the resolution data on the dressings on deep tissue pressure injuries.

Wild on Wounds 2019

Wound Care Education Institute Conference

Las Vegas, NV

Sept 11-15, 2019

Poster Presenter: Improving deep tissue pressure injury (DTPI) outcomes: a 2.5 year-long quality improvement project.

Presentational review of my 2.5 year-long QI project encompassing a change in treatment for deep tissue pressure injuries in two long-term care facilities.

Wild on Wounds 2019

Wound Care Education Institute Conference

Las Vegas, NV

Sept 11-15, 2019

Speaker / Presenter: It's a bruise, It's a Stage 1, No! It's a Deep Tissue Pressure Injury

Speaker presenting the topic of identifying the differences of the wounds, bruises, stage 1 pressure injury, and deep tissue pressure injuries and the concerns for each wound.

Symposium of Advanced Wound Care 2020

Virtual Conference

July 24-26, 2020

Poster presenter: Improving deep tissue pressure injury (DTPI) outcomes: a 2.5 year-long quality improvement project.

Another presentational review of my 2.5 year-long QI project encompassing a change in treatment for deep tissue pressure injuries in two long-term care facilities.

McKnight's Long-Term Care News Online Forum

Online Webinar

August 11, 2020

Speaker/Presenter: Attack on COVID-19: Maintaining Superior Infection Control with PPE and Disposable Products.

Discussion of the COVID-19 modes of transmission and the measures to take to protect long-term care residents with review of guidelines and practical tips. This includes special consideration to PPE and waste management.

Wild on Wounds 2020

Wound Care Education Institute Virtual Conference

September 24-27, 2020

Speaker/Presenter: Transferring Teamwork into Wound Care Dreamwork

Speaker presenting the topic of all facility staff wound care education revolving around pressure injury prevention and how attendees can take this information and move forward into their own healthcare arenas.

Wild on Wounds 2020

Wound Care Education Institute Virtual Conference

September 24-27, 2020

Poster Presenter: Keep Them Movin' Campaign: Head, Shoulders, Butts, and Toes.

Facility-Wide All Staff Pressure Injury Prevention (PIP) Education.

Review of a long-term care quality assurance and performance improvement project on pressure injury prevention following the rate of the acquired pressure injuries before the start of the project to following the implementation of the project.

NONPF Spring 2021 conference

April 24, 2021

Podium Presentation: Addressing Social Determinants of Health Across an AGPCNP Curriculum

Shared with C. Hoskins, C. Wicker, L. Kennedy-Malone reviewing our AGPCNP team curriculum approach to addressing the SDH.

WoundCon Summer 2021 conference

July 16, 2021

Booth Presentation: Improving Deep Tissue Pressure Injury (DTPI) outcomes: 2.5 year long Quality Improvement Project

Reviewed to attendees my QI project working with a new treatment of DTPIs and improving outcomes of these type of pressure injuries.

McKnight's Long-Term Care News Online Forum

Online Webinar

August 5, 2021

Speaker/Presenter: Exploring Wound Management Options for Infection Prevention

Review and then discussion starting with the CDC 3 W guidelines and exploring further to other methods to help reduce the spread of COVID-19 in the long-term care settings with residents and staff. Reviewing wound care management and treatment with exploring other dressing options available to limit resident exposure to COVID-19 but also maintain wound exudate and improve healing rates even during the pandemic.

Consultations

The Expert Institute

Clemmons, NC

Expert Consultant

May 2018-present

Consulting expert witness in the fields of wound care and geriatrics in patient litigation. I have reviewed four cases concerning geriatric long-term care residents with wounds.

Independent Expert Consultant

Consulting expert witness in the fields of geriatrics in resident litigation. I have reviewed three cases concerning older adults in facilities.

Memberships

American Nurses Association

Gerontological Advanced Practice Nurses Association, member of the North Carolina Triad Chapter of GAPNA Conference Planning Committee

American Medical Directors Association

National Alliance of Wound Care

Volunteer Experience

Volunteers as a leader in Girl Scouts of America - Ongoing

Worked in vaccine clinic with UNCG – Spring 2021

References

Available upon request